Morrison & Foerster invites you to join us as we endeavor to become more aware, compassionate, constructive, and engaged people in the pursuit of racial equity. Our new initiative, the “21-Day Racial Equity Habit-Building Challenge,” asks each of us to commit 15 minutes a day, for 21 consecutive days, to completing a syllabus of short readings, videos, and podcasts focused on the Black American experience.

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<thead>
<tr>
<th>DAY</th>
<th>Materials</th>
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<td>2</td>
<td>“How to Not (Accidentally) Raise a Racist,” Longest Shortest Time Podcast</td>
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<td>4</td>
<td>Danielle Cadet, “Your Black Colleagues May Look Like They Are Okay – Chances Are They Are Not,” Refinery29, May 2020</td>
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<td>6</td>
<td>Megan Ming Francis, “Let’s get to the root of racial injustice,” TEDTalks, March 21, 2016</td>
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<td>7</td>
<td>Project Implicit, <em>Implicit Association Test (IAT)</em>&lt;br&gt;This exercise requires navigating the sign up for the tests and answering a series of questions for the researchers, but it is recommended that everyone do at least these tests: Race, Skin Tone, and Weapons-Race. Also, everyone is encouraged to add these tests if you are able: Asian American, Native American, and Arab-Muslim.</td>
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<td>8</td>
<td>“How microaggressions are like mosquito bites,” Fusion Comedy presents: Same Difference, Oct. 5, 2016</td>
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<td>9</td>
<td>Heben Nigatu, “21 Racial Microaggressions You Hear On A Daily Basis: A photographer at Fordham asked her peers to write down the microaggressions they've encountered. Here is what they had to say,” <em>BuzzFeed</em>, Dec. 9, 2013</td>
</tr>
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<td>10</td>
<td>Essence Grant, “27 Workplace Microaggressions That'll Make You Ask ‘How'd They Even Get Hired?’” <em>BuzzFeed</em>, Oct. 8, 2017</td>
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</tbody>
</table>
MOFO INVITES OUR CLIENTS TO JOIN US IN A 21-DAY RACIAL EQUITY HABIT BUILDING CHALLENGE SYLLABUS

| 11 | Scott Winship, Richard V. Reeves, and Katherine Guyot, “The Inheritance of Black Poverty: It’s All About the Men,” Brookings, March 22, 2018  
Karma Allen, “More than 50% of homeless families are black, government report finds,” ABCNews, Jan. 22, 2020 |
| 12 | Hannah Giorgis, “Black Art is dangerous because it marries the personal and the political,” The Guardian, Feb. 22, 2015  
Bryan Stevenson, “We can’t recover from this history until we deal with it,” Harvard Law School YouTube, Jan 30, 2019 |
| 13 | Girlhood Interrupted: The Erasure of Black Girls Childhood, Georgetown Law Center on Poverty and Inequality, June 27, 2017  
Adrienne Green, “How Black Girls Aren’t Presumed to Be Innocent,” The Atlantic, June 29, 2017 |
| 14 | Perspectives in Poetry:  
- Richard Wright, “Between the World and Me,” Poem Hunter  
  (author bio: https://www.poetryfoundation.org/poets/richard-wright)  
- Langston Hughes, “Harlem,” Poetry Foundation  
  (author bio: https://www.poetryfoundation.org/poets/langston-hughes)  
  (author bio: https://www.poetryfoundation.org/poets/june-jordan)  
  (author bio: https://www.poetryfoundation.org/poets/audre-lorde)  
- Claudia Rankine, “from Citizen: You are in the dark, in the car…,” Poetry Foundation  
  (author bio: https://www.poetryfoundation.org/poets/claudia-rankine)  
  (author bio: https://www.poetryfoundation.org/poets/alice-walker) |
| 15 | Perspectives on Change:  
- The Beatles, “Revolution #1” v. Nina Simone, “Revolutions (Parts 1 and 2)” and “Mississippi Goddam” |
George Johnson, “White gay privilege exists all year, but it is particularly hurtful during Pride,” NBC News, June 30, 2019  
| 18 | Sam Dylan Finch, “9 Phrases Allies Can Say When Called Out Instead of Getting Defensive,” Everyday Feminism, May 29, 2017 |
Matthew Cherry, Hair Love, Sony Pictures Animation, Dec. 5, 2019 |
| 20 | “Colorism,” National Conference for Community and Justice  
“Who is ‘Karen’ and Why Does She Keep Calling the Police on Black Men?” On the Media, May 29, 2020 |

**EXTRA RESOURCES**

Online Resource with the Smithsonian National Museum of African American History and Culture: “Talking About Race”

Robin DiAngelo, Ph.D, Critical Racial and Social Justice Education: List of Resources


John Biewen, Seeing White, Scene on Radio, podcast, 2017

Janice Gassam, “Your Unconscious Bias Trainings Keep Failing Because You’re Not Addressing Systemic Bias,” Forbes, Dec. 29, 2019

Michael Harriott, “How to Be a Better White Person in 2020,” The Root, Jan 9, 2020