

Annual Report

Fiscal Year 2025

July 2024-June 2025

FOUNTAIN
HOUSE



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A Letter From the CEO and Board Chair

Dear Friends,

We are excited to present Fountain House's fiscal year 2025 annual report. It was a significant and transformative year, as we celebrated the launch of Fountain House Harlem and Fountain House Hollywood, the advancement of Fountain House Bronx, and the kickoff to the 25th anniversary celebrations of Fountain House Gallery & Studio, which will culminate in an annual benefit on November 13.

As we are all aware, it is a complicated time in our nation and especially for all those committed to the agency and dignity of people living with serious mental illness. In part, this informs why the information we present here feels so vital. With thanks to the enduring support of our community, we are continuing to advance the clubhouse movement and the values that inform it, with members bringing their insights to bear on some of the pressing issues of the moment.

Across New York City and Los Angeles, we've proudly opened the Fountain House doors to more people living with serious mental illness and furthered the transformative power of what we do. And as we increase our capacity to foster recovery and thriving for those we directly engage, we also are advancing conversations that address what is possible in the shifting landscape of resources and policies relevant to the support of people living with serious mental illness.

We want to extend our deepest gratitude to members, staff, advocates and partners for making this expansion a reality at a time when communities across the country are recognizing the crucial role of clubhouses in mental health recovery. We could not do this vital work without you.

As we continue to expand Fountain House's reach, the need for strong, grassroots advocacy is more urgent than ever. Cuts to Medicaid and federal funding pose significant risks to the mental health system and those who rely on it. We remain deeply committed to providing and fighting for accessible and equitable mental health care, rooted in lifesaving community support.

In this report, you'll find stories of hope and resilience, innovation, and a steadfast dedication to expanding our footprint as we build a brighter future for people living with serious mental illness. Together, we're building upon Fountain House's more than 75-year legacy of pioneering mental health care and demonstrating the power of a holistic public health system.

Thank you,



Ken Zimmerman
CEO, Fountain House



Gregory Baecher
Board Chair, Fountain House



I feel very fortunate to have been born a U.S. citizen and to see my values typically reflected in the work of our elected leaders. But I also know that all societies inadvertently leave some populations behind, and people living with serious mental illness are one such population. For this population, the problem is exacerbated when citizens like me avoid interacting with an individual displaying signs of mental illness out of fear. That's why I am so grateful to Fountain House, an organization with a proven model for care and rehabilitation that works tirelessly to fill in the gaps.

— Eytan Kurshan

Team Fountain House 2024 NYC Marathon runner



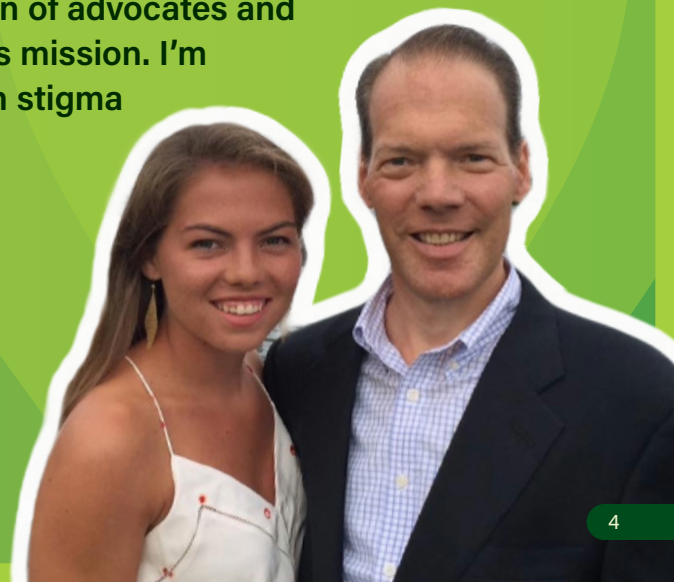
'Why I Support Fountain House'



I'm a proud supporter of Fountain House and honored to continue the Hinrichs legacy as chair of the Young Adult Advisory Committee (YAAC), following my grandfather Stuart Hinrichs and my father Peter Hinrichs, who both served on the board. It is inspiring to me that my family was so involved in breaking the stigma around mental health at a time before mental illness was talked about in mainstream news. Through YAAC, we're building the next generation of advocates and donors committed to spreading Fountain House's mission. I'm incredibly proud to continue to end mental health stigma and create lasting impact in our communities.

— Charlotte Hinrichs

Chair - YAAC



Highlights



Fountain House appoints three new board members: Lori D'Angelo, Barry Gosin and Liz Zale.

June 2024

The National Academies of Sciences, Engineering, and Medicine release a report on improving access to behavioral health services, informed by the insights and experiences of Fountain House's Chief External Impact Officer Joshua Seidman, Ph.D., and member Audrey Levine.



Fountain House partners with sisters Annie and Ros Gold-Onwude to launch "Sharing the WELLth," a five-part series focused on mental health, careers and wellness.

August 2024

July 2024

Fountain House releases "The Community Effect: How Clubhouses for People with Serious Mental Illness Reduce Loneliness," by M. Usman, Ph.D., Joshua Seidman, Ph.D., and Kevin Rice, M.A. The report found that clubhouses reduced loneliness for 58% of surveyed members who identified as having high levels of loneliness at enrollment.



Fountain House is named an official mental health charity partner of Musician Noah Kahan's "We'll All Be Here Forever" world tour, providing an opportunity for Fountain House to engage with 20,000 fans at Madison Square Garden.



New York Gov. Kathy Hochul tours Fountain House Hell's Kitchen.

September 2024



Fountain House launches Fountain House Hollywood, its first clubhouse in Los Angeles.



Council members Erik Bottcher and Yusef Salaam tour Fountain House Hell's Kitchen.

Highlights (continued)



New York City staff, members and clubhouse supporters participate in the annual community 5K in Central Park.

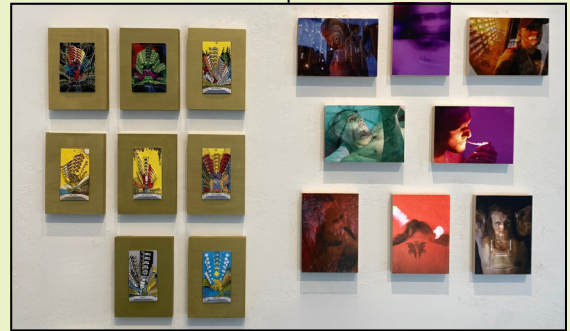


New York Attorney General Letitia James visits Fountain House Hell's Kitchen.



Clubhouses gain international attention during the U.N. General Assembly gathering, with visits from Queen Mathilde of Belgium, First Lady of Estonia Sirje Karis and representatives of the World Health Organization.

October 2024



Fountain House Gallery celebrates its highest-grossing annual Small Works exhibit to date, featuring member-artists from Manhattan, the Bronx and Hollywood.

December 2024

November 2024

Fountain House is featured in several national media outlets, including pieces in ABC News, the Los Angeles Times and Vox.

Fountain House runners and supporters raise over \$85,000 at the 2024 TCS New York City Marathon.

January 2025



Four organizations in Kansas, Maryland, Missouri and Utah join Fountain House United — bringing the total to 21 clubhouses in 11 states — advancing mental health equity and strengthening the clubhouse movement across the United States.

Fountain House launches the “Measures That Matter” project with support from the Commonwealth Fund, the Mental Health Strategic Impact Initiative (S2i), Arnold Ventures and the California Health Care Foundation.

Highlights (continued)

Fountain House Gallery partners with Positive Exposure to launch "A Day in the Life" video series, offering a sneak peek into the world of our Fountain House Studio and the lives of our artists. This production was made possible by the Mother Cabrini Health Foundation and Diplodocus Films.



Fountain House members and staff travel to Albany for the second annual Lobby Day in support of clubhouse expansion in New York state.

February 2025

Fountain House Harlem opens on 2067 Fifth Ave., New York, NY, in St. Andrew's Episcopal Church.



Fountain House joins clubhouses across the nation in participation of the third annual U.S. Clubhouse Week of Action, opening doors to elected officials, community leaders and local media.

May 2025



Fountain House & Body reopens and relocates to 698 10th Ave., New York, NY, with new offerings and a larger space.

March 2025



Fountain House appoints four new board members: Laurel Blatchford, Ros Gold-Onwude, Rich Napolitano and Hazel Szeto, M.D., Ph.D.



Comedian, author and mental health advocate Gary Gulman tours Fountain House Hell's Kitchen.

June 2025



Fountain House hosts "Spring in the Garden," an annual gathering of the board of directors, supporters and community members.

Sisters Annie and Ros Gold-Onwude Launch Mental Health Initiative ‘Sharing the WELLth’

The five-part series featured Chief Brand Officer of the New York Liberty Shana Stephenson, Grammy-nominated musician Jidenna, President and CEO of Verzuz Steve Pamon, NBA All-Star Joakim Noah, Fountain House Board Member Ros Gold-Onwude, and Fountain House member Annie Gold-Onwude

Fountain House was proud to partner with sisters Annie and Ros Gold-Onwude on “Sharing the WELLth,” a mental health initiative that brought together industry leaders and people living with serious mental illness for inspiring conversations on careers, wellness and mental health.

Annie, a member of Fountain House, and Ros, a Fountain House board member and award-winning sports broadcaster, developed the series after navigating serious mental illness as a family. Annie was hospitalized numerous times due to her mental health, which delayed her ability to seek an education. After joining Fountain House, she marked a proud milestone — graduating from New York University at age 31.

The five-part series introduced a variety of speakers to Fountain House’s community, including Chief Brand Officer of the New York Liberty Shana Stephenson, Grammy-nominated musician Jidenna, President and CEO of Verzuz Steve Pamon, and NBA All-Star Joakim Noah.

The series offered a rare look at the wellness routines and career trajectories of some of the most accomplished, standout leaders in their fields. Each guest shared personal experiences maintaining work-life balance and mental health while achieving highly successful careers, followed by a Q&A with Fountain House members.

“It’s such a special time in the world to bring together family members and their friends and acquaintances to talk about these things,” said Annie. “Ten to 15 years ago, the conversation around mental illness and wellness was so different, if it existed at all.”





Meeting the Moment Through Expansion

Fountain House continues to scale its impact with a transformative expansion across New York City and beyond. Anchored by increased membership, the opening of a new clubhouse in Harlem, the development of a major clubhouse and housing initiative in the South Bronx, and the establishment of a permanent location in Los Angeles, Fountain House is advancing a more just, community-rooted mental health system for people living with serious mental illness.

This expansion is not just about opening new locations; it's about creating accessible, life-changing resources in communities that need them most. These locations provide essential resources for people living with serious mental illness, including housing support, employment opportunities, education programs and health care services, all within a supportive community environment. By doing so, Fountain House is addressing the critical gaps in mental health care in underserved communities, particularly in areas with high rates of homelessness, unemployment and under-resourced health services.

By scaling into new areas, Fountain House is reaching more individuals and families than ever, providing them with the support they need to rebuild their lives and reconnect with their communities. With an unprecedented \$30 million investment of New York City funding, this next phase of growth builds on our shared belief in dignity, connection and opportunity for all. New York City's increased investment in clubhouses was a crucial and much-needed endeavor — the first we've seen at this level in any major city across the country — and it has the potential to help thousands more New Yorkers access and benefit from a dignified, person-centered approach to addressing mental illness.

With your continued support, Fountain House is committed to raising increased funds to ensure that it continues to meet the needs of its members with excellence, while simultaneously advocating for more robust public funding.



Clubhouses for People With Serious Mental Illness Reduce Loneliness and Break ‘Cycles of Despair’

A new report released by Fountain House revealed compelling evidence that clubhouses can impact one of the most critical health mediators: loneliness.

The report, “The Community Effect: How Clubhouses for People with Serious Mental Illness Reduce Loneliness,” found that **clubhouses reduced loneliness for 58% of surveyed members who identified as having high levels of loneliness at enrollment.**

Previously studied loneliness interventions for people living with serious mental illness have shown low to moderate impacts. These results present strong preliminary findings that clubhouses offer something unique in addressing loneliness within our communities. The report also found:

- **Loneliness is often high among members when they first start at Fountain House:** Of the surveyed participants, 73% of members identified as having high levels of loneliness compared to 20% among the general U.S. population.
- **Clubhouses and their impact on loneliness present public health opportunities:** If other clubhouses have a similar impact on loneliness to Fountain House, projections indicate they could collectively save the country \$25 million a year in associated cardiovascular disease risk reduction.

Read the full report at fountainhouse.org/reports/community-effect.



Fountain House Gallery & Studio Celebrates 25 Years

Masterminded and launched by Fountain House members in 2000, Fountain House Gallery & Studio is celebrating 25 years of providing essential resources and opportunities for artists living with serious mental illness to explore their creativity, work alongside peers and contribute to New York's vibrant cultural ecosystem.

Impact by the Numbers

- Over 100 exhibitions
- More than 300 artists represented
- Over \$100,000 in support via scholarships for artists to pursue outside training and study since 2020
- Members who attended studio programming averaged four hours a visit

Partnerships and Exhibitions

- Fountain House Gallery has attracted distinguished guest curators such as Agnes Gund, founder of the Art for Justice Fund and president emerita of the Museum of Modern Art, who commended the gallery as "a place where you can view fine works of art made by a group of excellent artists."
- Works by Fountain House Gallery artists are included in the collections of the ACLU, Citibank, Eli Lilly and Company, and the Estée Lauder Companies Inc. Gallery artworks have been acquired by the Schoolhouse Hotel in White Sulphur Springs, West Virginia — the world's first hotel to fully comply with Americans with Disabilities Act (ADA) regulations.
- Fountain House Gallery artists have exhibited large-scale works in public spaces. The immersive mental health installation "YELL!" premiered at Herald Square Plaza, and Fountain House Gallery participated in two terms as an "Organization in Residence" at Governors Island. Additionally, pieces by gallery artists have been on view at the Kennedy Center in Washington, D.C., the New-York Historical Society and Saks Fifth Avenue's flagship New York City store.



25th Anniversary Program Calendar



Life's a Party!
July 10–August 16, 2025



25th Anniversary Group Show
September 4–October 29, 2025



Fountain House Benefit

Celebrating 25 Years of Fountain House Gallery & Studio

Thursday, November 13, 2025
Chelsea Industrial at 6 p.m.

Join us to celebrate 25 years of Fountain House Gallery & Studio and our artists who are reshaping how society understands serious mental illness. To purchase tickets, visit give.fountainhouse.org/gallery25.

2025 Board of Directors

Gregory Baecher, Chair

Elected: 2016

Reginald D. Williams II, Vice Chair

Elected: 2016

Laurel Blatchford

Elected: 2025

Lori D'Angelo

Elected: 2024

Meghna R. Desai

Elected: 2021

Phillip Fleming

Elected: 2022

Ros Gold-Onwude

Elected: 2025

Barry Gosin

Elected: 2024

Alexandra A. Herzan

Elected: 1997

William S. Hilburn

Elected: 2015

Andrew Imparato

Elected: 2023

Thomas R. Insel, M.D.

Elected: 2021

Debra Irwin

Elected: 2023

Charles J. Marsden

Elected: 2002

Rich Napolitano

Elected: 2025

Sonia Pérez

Elected: 2023

Arvind Sooknanan

Elected: 2022

Hazel H. Szeto, M.D., Ph.D.

Elected: 2025

Liz Zale

Elected: 2024



“

I came to the realization that community is justice. Fountain House, in and of itself, is justice.

— Nicholas
Fountain House Member

Ways to Donate to Fountain House

On behalf of the entire Fountain House community, we want to extend a heartfelt thanks to our donors. Your contributions have a profound impact on the lives of those we serve and build community in your neighborhoods:

Online

Donations can be made one-time or monthly at fountainhouse.org/donate. All donations can be made in someone's honor or memory, or potentially matched by an employer.

Check

Fountain House
Office of Development
425 West 47th Street
New York, NY 10036

Wire Transfer

Beneficiary: Fountain House Inc.
ABA: 026013673
Checking Acct: 437-4551880
Swift Code: NRTHUS33XXX

Stock Transfer

Name: Fountain House
DTC#: 0226/NFS
FBO/Account: NBJ020354

Reservoir Society Planned Giving Program

One of the most powerful ways to support Fountain House is by creating your legacy in your will or Revocable Living Trust. It is a gift that costs nothing today while ensuring that our work can continue for generations to come.

Beneficiary Designations

For additional assets not covered in your will, including (but not limited to): 401ks, IRAs, Life Insurance Policies, and Bank Accounts, you must designate a beneficiary.

For questions or to donate, please email us at give@fountainhouse.org.



Fountain House gives me a sense of purpose and a community – and I know it will do the same for so many others. I'm hopeful for the future. When I'm in a clubhouse, there's a feeling that we're all in this together.

– Georgette
Fountain House Member



Bring Fountain House Into Your Home!

Fountain House & Body has reopened with new offerings — including a cafe — and a larger space at 698 10th Ave., New York, NY.

Visit the store in person or shop online at fountainhouse.org

FOUNTAIN
HOUSE
& BODY